

CO-LYTE_NU-LYTELY_GO-LYTELY ORAL SOLUTION PREPARATIONS**YOU ARE SCHEDULED FOR: COLONOSCOPY**

5 DAYS PRIOR TO YOUR EXAM: You should stop taking Aspirin or Ginkgo Biloba.

3 DAYS PRIOR TO YOUR EXAM: You should stop taking Ibuprofen, or any anti-inflammatory products. Tylenol is ok to take. **If you are taking Coumadin, have Diabetes, or have been instructed not to stop any medications by your physician, contact our office to determine the dose schedule.** Please continue all other medications as ordered. You will be given a prescription for 1 gallon of Colyte, Nulytely or Go-Lytely Oral Solution.

You will need to purchase:

- Colyte Bowel prep Kit and Dulcolax tablets (you will need 2 tabs, and this is over the counter).

DAY BEFORE PROCEDURE: At 8:00 a.m. take 2 Dulcolax tablets with 16 oz. water.

You will be on clear liquid diet all day: This means liquids that you can see through such as Apple juice, water, Sprite, broth or Jell-O. ***NO milk products, NO juice with pulp. Do not drink anything with red, orange, blue, green or purple dye. "NO SOLID FOOD AT ALL, ONLY CLEAR LIQUIDS" KEEP YOURSELF HYDRATED!** You should drink at least 64 oz's of water throughout the day, this is eight 8oz glasses of water.

At 4:00 p.m. begin drinking Colyte, Nulytely or Go-Lytely solution. You will need to drink the entire gallon in 2 to 3 hours. You can take sips of water or clear liquids in between glasses of Colyte, Nulytely or Go-Lytely. (The instructions for preparing the solution are on the bottle).

****NOTHING TO EAT OR DRINK AFTER MIDNIGHT ****

PLEASE ARRIVE AT: _____ DATE: _____

Please call the office for the time and location of your procedure

Location: _____

Please provide a **5 day advanced notice** of any change to this appointment (805)719-0244 otherwise if less than 5 days a **\$200.00 cancelation fee** will apply > and a **\$75.00 rescheduling fee**>.

You must arrange for someone to drive you home, as you will be sedated for the exam. Wear comfortable clothing; bring your glasses, hearing aids, and insurance card(s). Contact your insurance carrier if you have questions about payment for this procedure. Payment is expected of any Co-pays, co-Insurance and Deductibles at the time of service. If you have questions call (805)719-0244 or additional info. can be found at: www.AGImedical.com.